

NANUMBA NORTH MUNICIPAL ASSEMBLY

Incase of a reply, the number and date of this letter should be quoted



Post Office Box 1
Bimbilla

Our Ref:

Date: 15/12/2022

Your Ref:

ACTIVITY REPORT

Name of District: NANUMBA NORTH MUNICIPALITY

Name of Activity: ORIENTATION REPORT OF FOOD VENDORS AND CATERERS ON NUTRITION

Date: 15/12/2022

Venue: Municipal Assembly Library Hall

Purpose:

To orient caterers and food vendors on how to prepare and maintain all the essential nutrients that are found in the food they serve to the public in the Municipality.

Objectives

- To create awareness of caterers and food vendors on the nutritional benefit of soya beans.
- To educate caterers and food vendors on how to incorporate soya flour into the locally available foods in the municipality

Key stakeholders involved.

- EHSU
- GHS- Nutrition Officer
- Caterers under the school feeding program
- Butchers
- Food vendors

Participants met during the follow up

PARTICIPANTS	FEMALES	MALES	TOTAL
CATERERS	44	0	44
VENDORS	146	10	156
			200

Summarized Content of Activity

As part of effort to ensure that caterers under the school feeding program and food vendor are able to serve nutritious food to the students and the general public in the municipality, an orientation training on nutrition was organized for

food vendors and caterers to increase their knowledge on how to improve on the nutritional content of the food they serve.

Highlights of the orientation were as follows: -

- Vegetables and leafy green food stuff need not to be overcooked or else the essential nutrients will be destroyed by heat there by making it less beneficial to the consumer.
- Orange flesh sweet potatoes, soya beans, beans, dawadawa are good sources of Vitamins and plant base proteins which could be added to other foods to improve on their nutritional contents.

Key challenge

- Farming activities and household chores made some participants to come late for the orientation.

Key lessons learnt through the orientation

- Majority of the caterers and food vendors demonstrated little knowledge on the benefit of soya beans and after the orientation, they were now optimistic that they will incorporate it in to the locally available dishes.
- Caterers and vendors present pledged to spread the news to those who were not present

Recommendation

- Cooking demonstration should be done using soya beans and other foodstuff to improve on the nutrition locally available dishes in the municipality for participants to see and learn.

Name and Title of Reporting Official:

Signature:

Date:

Official Stamp:



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